

Meeting Minutes



Meeting Title: Care Experienced Young People Programme Committee Meeting Minutes

Date: 23 February 2017

Attendees	Trustee Members: Harriet Dempster (HD); Shona Munro (SM); Eona Craig (EC) Protector: Douglas Graham (DG) Staff: Heather Coady (HC), CEYP Programme Director; Maddy Halliday (MH), CEO; Paul Sullivan (PS) Funding Manager; Catriona Kelly (CBK) Programme Officer; Celeste Berteau (CB) Insight and Evaluation Officer (CEYP) Care Experienced Advisors: Matt Friess (MF), Simone Smith (SS), and Claire Kenny (CK)
Chair:	Harriet Dempster (HD)
Minutes:	Celeste Berteau (CB) and Heather Coady (HC)

	Notes	Action
1. Welcome and Introductions	HD welcomed everyone to the meeting and thanked them for their attendance. Introductions were made to welcome the visiting advisors (SS and CK).	
2. Apologies	Apologies were received from Isobel Grigor (IG) and Carole Patrick (CP).	
3. Declaration of Conflicts of Interest	<ul style="list-style-type: none"> MF declared his position as a trustee of Who Cares? Scotland (WCS). Recommendation that discussion on Item 6.1 be moved to the end of the agenda, so MF can leave the meeting after participating in all other discussions. 	

4. Minutes of Previous Meeting (November 2016)	<ul style="list-style-type: none"> • An amendment to the minutes was requested to reflect that MF was in attendance at the November 2016 Committee meeting. • With the above amendment made, the minutes were agreed as a true record and will be published on the Trust's website. 	CBK HC/DMR
ITEM 4.2 Action Update and Matters Arising	Item 4.2 Action Update and Matters Arising The Action Update was discussed with the following points highlighted: <ul style="list-style-type: none"> 4. A Process to be developed by which the other members of the Advisory Group can inform the input of the Advisors who attend Committee meetings <ul style="list-style-type: none"> • HC clarified the process and explained that Advisory Group meetings are now scheduled prior to each Committee meeting to allow for Advisor discussion and input to the agenda. 8. Programme Team will continue to explore additional ways of supporting the work of the Care 2 Create group. <ul style="list-style-type: none"> • PS shared that he had attended a Care 2 Create group and had discussion with the participants about getting involved with future rounds of Aspirational Awards. 29. A list of upcoming Champions Board Learning and Improvement Network (LIN) meeting dates will be circulated to the Committee. <ul style="list-style-type: none"> • HC reminded all that the next Champions Board LIN meeting will be held on the 23 June in either Perth or Stirling. 	

<p>ITEM 5.1</p> <p>Programme Strategy Review and Updated Workplan</p> <p>(Paper 1/17)</p> <p>For Discussion and Decision</p>	<ul style="list-style-type: none"> • HC introduced the item and clarified the context and purpose of the paper, detailing the outputs from Programme Staff and Advisory Group reflections on the Programme Strategy. <ul style="list-style-type: none"> • Priority 1 has been the overarching priority, weaving through all of the funded projects. • The team and advisory group began the process of re-framing the Programme priorities (e.g. Priority 2 'Care experienced young people are in safe and settled accommodation' to be widened to encompass the concept of 'Home' which is more than a roof over a young person's head) and acknowledgement of how this opens up the options for future direction. <p>SS and CK provided their reflections on behalf of the Advisory Group. The following points were highlighted from their discussion on what they would like to have changed by the year 2023:</p> <ul style="list-style-type: none"> • Young people need to be at the centre of any developments relevant to them. • The existence of a Champions Board (or similar) in every Local Authority, feeding into a National Champions Board. • Relationship based practice, with reasonable boundaries, is the norm within the sector. • Stereotypes removed and cultural changes achieved around identity. • The importance of home, which in their view is comprised of two distinct parts: <ul style="list-style-type: none"> • <u>A place to go home to</u>: Knowing there is a place you can go back to eventually. This needs continuity, familiarity, and strong relationships. • <u>Creating a new home</u>: Building good relationships with people you can trust – both physical home and relationships, as well as practical support. <p>The discussion around the importance of 'Home' continued, considering in particular:</p> <ul style="list-style-type: none"> • The opportunity to provide flat shares for care experienced young people. It was noted that few young people actually go directly from home to their own tenancy, but it is often the expectation for care experienced young people. 	
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	<ul style="list-style-type: none"> • Acknowledgement that Champions Boards and other projects support the creation of homes, but there could be value in adding dedicated funding which could allow for the acceleration of work on this area. Suggestions included pilots on toolkits that teach practical skills (similar to PABD funding of peer support materials); shared housing; or circles of support. • The value of hearing residential workers' and foster carers' opinions on the current barriers for care experienced young people. <p>Further discussion was had on the following key topics:</p> <p>Key performance indicators</p> <ul style="list-style-type: none"> • Discussion to be had with the Advisory Group to consider whether our programme level outcomes, targets and KPI's are aligned with their views. • Output from this session to be shared with Committee. <p>Mental Health</p> <ul style="list-style-type: none"> • Reiteration that everything the Programme currently funds supports wellbeing and mental health, but we must be able to demonstrate this contribution where possible. • Discussion on how we support young people at an earlier stage so that crisis support is not necessary. There may be a role for the Trust in supporting preventative early action and support services. <p>Employability and Enterprise</p> <ul style="list-style-type: none"> • Employment, enterprise, and community empowerment were noted as areas in which opportunities could be sought out for the Programme. It was noted that many of the Aspirational Awards were business start-ups and learning from these applications will be useful for the Trust. 	<p>PS/Advisory Group</p> <p>HC/Committee</p>
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Decision	<ul style="list-style-type: none"> • Committee approved the direction of the review of our Care Experienced Young People Programme strategy. • General agreement that we should focus on the concept of 'Home' and Mental Health in the next stage of strategy development. 	Prog. Staff/CEO
<p>ITEM 5.2</p> <p>The Role of the Trust within the Review of the Care and Protection System in Scotland</p> <p>(Paper 2/17)</p> <p>For Discussion and Decision</p>	<ul style="list-style-type: none"> • HD introduced the paper and discussed the context. It was highlighted that a Chair has now been appointed for the Review and we are awaiting further details on the scope and remit of the Review. It was noted that the accompanying paper was brought to support initial discussions on the Trust' role within the Review and further discussion will be required once more information is available on the scope of the Review. • MH advised that an Engagement and Influencing Framework for the Trust as a whole will be considered by the March 2017 Board meeting. <p>Key points of the discussion included:</p> <ul style="list-style-type: none"> • The opportunity to influence the Review and use our own evidence and learning to support its work. • The Programme's wider influencing role, including the influencing work we do as a Programme Team and the influencing work achieved through our funded projects. • It was acknowledged that the Trust needed to maintain its independence whilst also actively influencing the Review. • The Trust's role in supporting the implementation of any recommendations that are made as a result of the Review. • The promise of young people driving the Review. 	
Decision	It was agreed that a revised version of the paper will go to the March 2017 Board for discussion.	HC/MH

<p>ITEM 5.3</p> <p>Peer Mentoring Funding Extension</p> <p>(Paper 3/17)</p> <p>For Discussion and Decision</p>	<ul style="list-style-type: none"> • CBK introduced a video from Y Sort It, highlighting that this was one example of a project which had no prior experience running a mentoring programme. • CBK introduced the paper, highlighting that the projects are currently funded until October 2017 and that we have already gained a great deal of learning from this pilot, including the average length of time it takes to establish a new mentoring service and what processes work best for this set up. CBK recommended an extra year of funding due to the prolonged and more complex set-up period that was not anticipated at the time of making the awards. <p>Discussion included questions on:</p> <ul style="list-style-type: none"> • The amount of underspend. CBK confirmed that the projects are on average a few months underspent. • Performance of individual projects. • The cost-effectiveness of programmes: It was noted that despite high per-unit costs at start up, a cost-effective analysis could show a major reduction in cost when looking over the long term, but we cannot know that at this stage in a pilot project. Programme Staff will work with the funded projects to estimate the in-kind contribution of volunteer mentors. <p>Discussions continued, highlighting:</p> <ul style="list-style-type: none"> • Committee requested local population data of care experienced young people be included when reporting on projects, with the possibility of asking projects to provide this population data in the application stage in future. • The potential of the pilot to produce valuable learning around what it takes to establish a new programme versus moving an existing programme to a new area, and what type of organisation works best for peer mentoring programmes. • CBK clarified that there will be an opportunity to review mentoring match targets with organisations, however a review should be kept in line with the capacity of the Mentoring Co-ordinator positions. 	<p>CP/CBK</p> <p>Prog. Staff</p> <p>CP/CBK</p>
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	<ul style="list-style-type: none"> • The value of aligning messaging about care experienced young people and throughout the sector. • The need for the project to work with a range of young people and those working within the field. <p>After discussion, the following actions were agreed:</p> <ol style="list-style-type: none"> 1. Examples of likely outcomes following phases 1 & 2. 2. Augmentation of the risk assessment to reflect above. 3. Clarification of how this proposal fits within the framework of the overall engagement, influencing and communications strategy for the programme. 	<p>HC</p> <p>HC</p> <p>HC/DC</p>
Decision	It was agreed that a decision on funding would be made via email once the above information has been provided.	HC/Trustees

<p>ITEM 6.1</p> <p>Strategic and Funding Relationship with Who Cares? Scotland</p> <p>(Paper 5/17)</p> <p>For Discussion</p>	<ul style="list-style-type: none"> • HC introduced the item, provided context and highlighted that Who Cares? Scotland (WCS) three year funding is due to end in December 2017. HC stated that the paper (a SWOT analysis by Programme staff) was intended to support initial discussion on the options for the Trust's future funding relationship with WCS. • Funding beyond the end of the current three year grant is proposed in the Programme work plan but is not committed. <p>Discussion progressed onto the role of WCS, with the following key points highlighted:</p> <ul style="list-style-type: none"> • The integrated nature of funding and recognition that WCS works on a number of different projects that are interlinked and by removing funding for one part of their work there could be a substantial impact on their ability to progress other work. • The significant success WCS and the young people working with them have had in making sure their stories are told and heard. 	
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	<ul style="list-style-type: none"> • Recognition that WCS has already contributed to significant changes (e.g. focus on relationship-based care). • WCS’s influencing role at a local and a national level. • Their success in working towards a third of their workforce having care experience was highlighted, as well as the learning that will come from this experience. • WCS’s commitment and willingness to share their learning and support other organisations working with care experienced young people. • How the Trust can support WCS to reach further, both geographically and in terms of working with young people who are harder to reach. HC clarified that conversations on these points have already taken place with WCS and their involvement in Champions Boards has given them a larger geographical spread. • The need to support young people who do not want to be defined by their care identity. <p>Discussion moved onto the possibility of working towards a strategy allowing phased reduction and ending of Trust funding and there was consensus that this may be the most appropriate approach due to WCS significant role.</p> <p>It was decided that:</p> <ul style="list-style-type: none"> • A strategic development meeting will be held between Programme Staff, WCS Senior Management Team, and members of WCS Board, to explore progress to date and identify current gaps that may be funded in future. • A proposal considering options will be brought to the May 2017 Committee meeting for discussion, with a recommendation to the June 2017 Board meeting. • Committee would welcome a proposal that references performance to date; current gaps in provision; strategies on how to widen participation geographically and in terms of young people who are hard to reach; and partnership working. 	<p>HC/CP</p> <p>HC/CP/Trustees</p>
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